

WRITE YOUR S.M.A.R.T. GOAL 2019 HERE:_____

- Strategic _____
- Measurable _____
- Attainable _____
- Relevant _____
- Time-bound _____

It's always good to have a why and remember why do you want to achieve this S.M.A.R.T. Goal when it's the middle of summer and you've got to go out in the hot...
